

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Jude Benfield**

Has successfully participated & completed the

**5km Prison Break Night Run & Walk**

held at Leeuwkop Golf Club.

**TIME 00:53:06**

**PACE 10:36/km**

**GENDER 117 of 144**

**OVERALL 189 of 223**

**70 - 79 2 of 2**

20 February 2019, Wed

Date



*BoutTime*

Signature

